



Ephesians: Declared Free – Week 6 (Pt. 1)

Personal Devotional

“Live Like You are Free!”

Ephesians 4:17–5:2

Theme

Because the eyes of our hearts have been enlightened (Ephesians 1:18), we can now see who we are in Christ. The Christian life is not becoming someone else. It is learning to live as the person Jesus has already made us to be.

WORSHIP – Remembering Who You Are

Slow down and become aware of God's presence.

Take a few deep breaths and thank Jesus for making you new.

Before reading Scripture, reflect with your favorite worship song:

Reflect

Where are you tempted to find your identity apart from Christ?

Are there old patterns or old labels that still influence how you see yourself?

What voices compete with God's voice in defining who you are?

Read:

Jesus has made me new. I am learning to live from what is already true.

Spend a few moments thanking the Lord for His grace and His ongoing work in your life.

WORD – Living From Your New Identity

Read:

- Ephesians 4:17–24
- Ephesians 4:25–32
- Ephesians 5:1–2

As you read, notice the contrast between:

The old self

The new self

Observe Paul's pattern:

See differently

Think differently

Live differently

Reflect

1. What words describe the old way of life in Ephesians 4:17–19?

How do you see those patterns present in our culture today?

2. Paul says to "put off" the old self and "put on" the new self.

What old attitudes, habits, or patterns is God inviting you to surrender?

3. What does it mean to you that the new self is already yours in Christ?

How might that change the way you approach spiritual growth?

4. Which of Paul's examples stands out most?

Speaking truth

Controlling anger

Generosity

Encouragement

Forgiveness

Walking in love

Why?

Core Gospel Truth

The gospel doesn't improve the old self. It creates a new one.

PRAYER – Living As Who Christ Has Made You

Confession

Pray:

Father, I confess that I often live as though my old identity still defines me. I sometimes believe old lies, return to old habits, or listen to voices that do not reflect Your truth.

Pause and allow the Holy Spirit to reveal areas where you are still living from an old identity.

Receiving Prayer

Pray:

Jesus, thank You that through Your death and resurrection You have made me new. Thank You that my deepest identity is found in You and not in my past, my failures, or my achievements.

Help me see myself as You see me.

Surrender

Pray:

Holy Spirit, renew my mind. Help me put off the old self and put on the new self. Form Christ's character in me and teach me to walk in truth, forgiveness, generosity, and love.

Help me become in practice who I already am in Christ.

Amen.

Closing Encouragement

The Christian life is not trying to create a new identity.

It is living from the new identity Jesus has already given you.

Remember:

You are not who you were. You are who Christ says you are.

And as the eyes of your heart remain fixed on Jesus, you will increasingly become who He has already made you to be.