



Ephesians: Declared Free – Week 3

Personal Devotional

Sermon: *Saved by Grace. Period.*

Theme: We were not slightly broken—we were spiritually dead. But God, in His mercy, made us alive in Christ by grace alone. This devotional will help you move from striving to resting in God's rescue.

Estimated Time: 15–20 minutes

WORSHIP – Letting Grace Come to You

Begin by slowing down for loving union. Take a few deep breaths. Let your heart settle with some worship music.

Remind yourself: You are not coming to fix your life—you are coming to receive life.

Reflect quietly:

Where do you feel like you need to “get it together”?

Do you tend to believe God helps those who help themselves?

Where do you feel stuck or unable to change on your own?

Read this slowly, even aloud:

“I am saved by grace, not by my effort.”

Sit with this truth. Let it challenge the places where you feel pressure to perform.

WORD – From Death to Life

Read:

Ephesians 2:1–3

Ephesians 2:4–7

Ephesians 2:8–10

As you read, notice the contrast:

What life was like before Christ (“dead in sin”)

What God has done (“but God... made us alive”)

How salvation works (by grace, not works)

What life looks like now (new creation, good works)

Reflect

What does it mean for you that the Bible says you were “dead,” not just struggling?

Where do you still try to earn what God has already given?

How does “but God” change the way you view your story?

Core Gospel Truth

“You didn’t work your way to God—He brought you to life.”

PRAYER – Living From Grace

Confession

“Father, I confess that I often try to fix myself instead of trusting Your grace.”

❖ Pause and allow the Spirit to gently reveal areas of striving.

Receiving Prayer

“Jesus, thank You that You didn’t come to help me try harder—you came to give me new life. Thank You that I am saved by grace, not by my works.”

Surrender

“Holy Spirit, teach me to live from what You have already done. Help me walk today as someone who has been made alive in Christ.”

Amen.

You are not trying to become alive—you already are in Christ.

This is where everything changes: ***grace is not the beginning of your story only, it is the foundation of your life.***